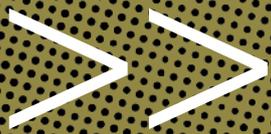


An annual two-day seminar from The At Work Partnership  
in association with the journal *Occupational Health [at Work]*

# 2-DAY SEMINAR



## Workplace Health 2018

*Tuesday 25 and Wednesday 26 September 2018*

**Chesford Grange Hotel, Warwickshire**

Chaired by: *Dr John Ballard, Occupational Health [at Work]*  
With: *Dr Steve Boorman, Empactis and*  
*Dr Nerys Williams, independent occupational physician*  
Organised by: *Janie Acton and The At Work Partnership Ltd*

**SAVE £70!**  
Early bird rate:  
£450 + VAT or £350  
+ VAT for self-funded  
delegates!

### CPD

FOM: 12½ points  
(applied for)  
Self-accreditation  
schemes: 12½ hours

Additional CPD can  
be gained after the  
event via our CPD  
scheme.



Quality conferences  
at value for money  
prices

A **two-day** annual seminar from **The At Work Partnership** providing an in-depth clinical and management update on the cutting-edge issues in occupational health today

**This two-day seminar is run with the support of:**



The main area of interest for the Colt Foundation is to encourage research into health problems created by commerce and industry, and one of the criteria for selecting suitable projects to support is that the results of the research should have a practical and beneficial application. *Workplace Health 2018* provides an excellent forum for discussion on a wide range of topical and important occupational health concerns and the Colt Foundation is very pleased to support the At Work Partnership with this initiative.

**Seminar sponsors:**



Cohort, the occupational health software system, is pleased to support *Workplace Health 2018*

**EMPACTIS**

Creating Healthy, High Performing Workforces

Empactis is very pleased to again be supporting this leading conference, *Workplace Health 2018*, and contributing to a successful, entertaining and educational programme.

## DAY 1: Tuesday 25 September 2018

8.45 Registration and coffee

### 9.00 Welcome and introduction

*Dr John Ballard, Occupational Health [at Work]*

#### THE STATE OF OH

### 9.15 Improving lives: is the government vision feasible?

*Richard Cienciala, Joint DHSC/DWP Work and Health Unit*

- Work as a Health Outcome • What's next for the fit note?
- Reform of OH and learning from Fit for Work

### 9.40 Transforming OH

*Dr Paul Litchfield, What Works Centre for Wellbeing*

- OH in the changing world of work • Replacing a decayed structure with an evidence-based framework • Shaping the value proposition • Positioning OH at the heart of the business

### 10.05 The state of OH nursing: the new faculty

*Christina Butterworth, Faculty of Occupational Health Nursing*

- Faculty of Occupational Health Nursing (FOHN) – open for business • What it will mean for the profession
- Recruiting and training more nurses into OH

### 10.30 Roundtable Q&A

10.45 Coffee and exhibition

### 11.25 GDPR, consent, confidentiality & other hot topics

*Prof Diana Kloss, barrister*

- What difference has the GDPR made? • Do's and don'ts for OH data protection • Ensuring consent is explicit, ethical and lawful
- Revised FOM ethics guidance • Establishing if an employee is disabled • Other hot legal issues

### 12.15 Legal Q&A

12.30 Lunch and exhibition

#### HEALTH AT WORK

### 13.30 Colt Foundation Keynote 1: Work, health and inequality

*Prof Tarani Chandola, University of Manchester*

- Socioeconomic and occupational determinants of health and illness • Is any job better than no job? • New forms of employment relations and health • Closing the disability employment gap – implications for health and wellbeing

### 14.15 Shiftwork and cancer

*Prof Damien McElvenny, Institute of Occupational Medicine*

- Evidence – risk factors and biological mechanism
- Scale of risk • Preventive action and the role of OH

15.00 Tea and exhibition

### 15.25 Neurodiversity at work

*Dr Blandina Blackburn, Association of National Health Occupational Physicians*

- Why do we talk about 'neurodiversity'? • Understanding the key types of neurodiversity in the context of work
- Disclosure • Role of OH • Latest guidance and support

### 15.55 Inspecting for health: what the HSE is looking for

*Kerry Trow, HSE*

- HSE inspectors – how they operate • Inspecting for health risks
- Implications of HSE enforcement related to OH

### 16.40 What matters to you in OH practice? Five-minute briefing sessions

Your chance to highlight some work that has helped improve health in your workplace, or share a great new idea – but you've only got FIVE minutes and 20 slides to do it!

### 17.35 End of first day

## DAY 2: Wednesday 26 September 2018

### 8.00 Breakfast briefing: Occupational asthma – health surveillance and spirometry

*Dr Lisa Bradshaw, Jade Sumner and Alison Codling, HSE*

8.40 Registration and coffee

### 9.00 Welcome and introduction

#### FITNESS FOR WORK

### 9.10 Fatigue in safety critical work

*Dr Tim Stevenson, The Healthy Company*

- Understanding the risk in aviation and other safety-critical arenas
- Mitigation strategies • Monitoring alertness • Latest research

### 9.55 Fatigue in healthcare: including ramifications of the Hadiza Bawa-Garba case

*Dr Paul McGovern, Medigold*

- Medical errors through fatigue
- A strategic approach to reducing risk from fatigue
- Cultural change and fatigue management

### 10.35 Fitness for work – legal compliance

*Nick Hanning, Dutton Gregory LLP*

- Establishing that workers are fit for work – a just and reasonable approach
- What if they are no longer fit for work?
- Substance misuse

11.25 Coffee and exhibition

### 11.55 Colt Foundation Keynote 2: Longer working lives – interventions to promote healthier working longer

*Prof Karen Walker-Bone, Arthritis Research UK/MRC Centre for Musculoskeletal Health and Work*

- Facilitating longer, healthier working lives
- Improving work ability and resilience
- Influencing retirement decisions

#### ORGANISATIONAL CASE STUDY

### 12.40 25 years of support for workers with drug & alcohol addiction at TfL

*Nick Shields, Transport for London*

- How it works
- Success stories – and where it can go wrong
- Return on investment

13.15 Lunch and exhibition

### 14.15 Introduction to afternoon

#### WORKSHOP SESSION

### 14.25 Better OH consultations: an afternoon workshop

*Alan Dovey/Sharon Wilday, Janet Patterson and Diana Kloss*

An interactive session which looks at improving OH consultations, providing an opportunity to learn techniques to handle sensitive conversations either face to face or on the telephone, and to ensure that the resulting OH referrals and reports are legally defensible.

### 16.15 Close of seminar

#### Conference dinner and entertainment – Tuesday 25 September 2018

Network and chat with fellow delegates and speakers in a relaxed atmosphere at our conference dinner at 7.30pm. Our entertainment will add a sparkle to the evening!

# Workplace Health 2018

This two-day annual programme from **The At Work Partnership** provides an in-depth clinical and management update on some of the cutting-edge issues in occupational health today. We have assembled a group of leading experts to bring you an unparalleled seminar, with practical information on some of the most important topics affecting your work.

## This seminar is designed for:

- OH nurses and physicians from the UK and overseas
- HR managers • OH physiotherapists • Safety and health practitioners • Case managers • Occupational hygienists

## Recent delegates at this event said:

*"Superb speakers in highly relevant topics, excellent venue & facilities."*

Dr Ian Charles, UK medical director, Health Services UK, Dow Chemical Services UK Ltd

*"A must for occupational health professionals – pertinent & relevant."*

Helen Riches, clinical services manager, Gipping OH Ltd

*"Value for money. Informative. You always walk away with new knowledge and ideas."*

Mrs. Sonja Schwartz, OH manager, Anglian Water Services Ltd

*"Very varied topics, interesting, enjoyable & good value for money."*

Dr Sarah Smallcombe, occupational health physician, Caer Health Services

## How will attending this event benefit you?

### You will gain:

- An understanding of the relationship between work, health and inequality, from Prof Tarani Chandola, and advice on facilitating longer, healthier working lives, from Prof Karen Walker-Bone – in our two Colt Foundation keynote lectures
- Guidance on what the HSE look for in OH inspections – a topical subject following recent high-profile enforcement action and prosecutions
- A clinical update on cancer and neurodiversity in the workplace
- Advice on fitness for work in different arenas
- Practical skills in improving OH consultations
- An up-to-the-minute understanding of OH law and ethics, and how they affect your role and responsibilities
- Plenty of opportunities to network with speakers and fellow delegates – including at our conference dinner
- Opportunities to see new products at our OH exhibition

**Don't miss out – Workplace Health 2018 promises to be one of the most exciting OH events for 2018 – avoid disappointment by booking your place early!**

## About this event and the venue

For the sixth year running, this seminar will be held at the Chesford Grange Hotel in Kenilworth, Warwickshire. This is a 4\* hotel with excellent transport links. It is just over one hour from London by train with peak fares currently approx £40 return, if booked in advance!

## Sponsorship and exhibition opportunities

To exhibit at this event or advertise in the delegate documentation, please contact Janie Acton on 07598 739 115 or email [janie.acton@atworkpartnership.co.uk](mailto:janie.acton@atworkpartnership.co.uk)

## About our expert speakers

### Seminar chairs:

**Dr John Ballard** is the editor of *Occupational Health [at Work]*.

**Dr Steve Boorman CBE** is director of employee health at Empactis, and is a former chief medical adviser at Royal Mail.

**Dr Nerys Williams** is an independent occupational physician and former deputy director (wellbeing) at the Department for Work and Pensions.

### Speakers:

**Richard Cienciala** is deputy director of the joint DHSC/DWP Work and Health Unit, responsible for policy development including OH reform.

**Dr Paul Litchfield OBE** is chair of the UK's What Works Centre for Wellbeing and from 2001 – 2018, was chief medical officer for BT Group.

**Christina Butterworth** is a senior occupational health nurse and is the CEO of the Faculty of Occupational Health Nursing.

**Prof Diana Kloss MBE** is a barrister, former employment judge and honorary senior lecturer at the University of Manchester.

**Prof Tarani Chandola** is professor of medical sociology at the Cathie Marsh Institute, University of Manchester.

**Prof Damien McElvenny** is a biostatistician and is principal epidemiologist at the Institute of Occupational Medicine.

**Dr Blandina Blackburn** is a consultant occupational physician, and chairs the Association of National Health Occupational Physicians.

**Kerry Trow** is a principal inspector at the HSE, and manages a team of OH inspectors.

**Dr Paul McGovern** is a specialty registrar at Medigold Health, and represents trainees on the FOM's ethics committee.

**Dr Tim Stevenson** is medical director of the Healthy Company and has wide experience of various occupational arenas including aviation.

**Nick Hanning** is a consultant, personal injury and employment lawyer with Dutton Gregory LLP.

**Prof Karen Walker-Bone** is director of the Arthritis Research UK/MRC Centre for Musculoskeletal Health and Work.

**Nick Shields** is manager of Transport for London's specialist Drug and Alcohol Assessment and Treatment Service.

**Alan Dovey** is a consultant cognitive behavioural psychotherapist and honorary clinical lecturer, University of Birmingham.

**Sharon Wilday** is a consultant cognitive behavioural psychotherapist and honorary clinical lecturer, University of Birmingham.

**Janet Patterson** is a specialist OH practitioner and director of OH services at Black and Banton occupational health.

### Breakfast briefing speakers:

**Dr Lisa Bradshaw** is a specialist respiratory nurse at the HSE. **Jade Sumner** is an OH research scientist at the HSE and **Alison Coding** is an OH research nurse working in OH policy at the HSE.

## About The At Work Partnership

Dedicated to providing high quality, good value conferences, **The At Work Partnership** researches the subjects that really matter to professionals in your field, and sources speakers who are true subject experts. We also publish the *Occupational Health [at Work]* journal.

# Booking Form

Workplace Health 2018 – 25 & 26 September 2018 Warwickshire

## Seminar attendance and prices (Please tick relevant box(es))

	Price per delegate if paid before 31/7/18 – save up to £70!	Price per delegate if paid after 31/7/18	Price per delegate if paid before 31/7/18 – save up to £70!	Price per delegate if paid after 31/7/18
	Main rate	Main rate	Self-funded rate*	Self-funded rate*
Both days	<input type="checkbox"/> £450 + VAT (£540)	<input type="checkbox"/> £520 + VAT (£624)	<input type="checkbox"/> £355 + VAT (£426)	<input type="checkbox"/> £415 + VAT (£498)
Day one – 25 Sept	<input type="checkbox"/> £300 + VAT (£360)	<input type="checkbox"/> £370 + VAT (£444)	<input type="checkbox"/> £250 + VAT (£300)	<input type="checkbox"/> £320 + VAT (£384)
Day two – 26 Sept	<input type="checkbox"/> £300 + VAT (£360)	<input type="checkbox"/> £370 + VAT (£444)	<input type="checkbox"/> £250 + VAT (£300)	<input type="checkbox"/> £320 + VAT (£384)
Full conference package:	<input type="checkbox"/> £550 + VAT (£660)	<input type="checkbox"/> £620 + VAT (£744)	<input type="checkbox"/> £455 + VAT (£546)	<input type="checkbox"/> £520 + VAT (£624)

• attendance at both days  
• one night B&B on 25 Sept 2018 (subject to availability)  
• conference dinner on 25 Sept 2018

*\*The self-funded rate is for self-employed delegates making payment by personal cheque or credit card.*



## Conference dinner

£32.50 + VAT (£39)

Please help us by selecting your main course preference below:

- Fish  Meat  
 Vegetarian

## Hotel rooms

We strongly advise booking accommodation early as availability is limited. All of the rooms are double rooms for single occupancy.

B&B – 24 Sept 2018  £90 + VAT (£108) if paid by 31/7/18.  £100 + VAT (£120) from 1/8/18  
B&B – 25 Sept 2018  £90 + VAT (£108) if paid by 31/7/18.  £100 + VAT (£120) from 1/8/18

*B&B is at the conference venue and can be cancelled in writing up to 7 working days prior to the event.*

**On a budget?** There are a few smaller/darker rooms available. You will save £25 + VAT (£30) per night. Please call us for details.

**Attend day one FREE:** Submit your idea for a Five-Minute Presentation by 30 June 2018. If your presentation is selected, you can attend day one free of charge!

Title \_\_\_\_\_ First name \_\_\_\_\_ Surname \_\_\_\_\_

Position \_\_\_\_\_

Email \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_ Tel \_\_\_\_\_

To process your order, we keep your details securely on our database and we NEVER pass on your details to 3rd parties. We'd like to keep you updated about relevant events and information from the At Work Partnership. You can unsubscribe at any time by emailing [info@atworkpartnership.co.uk](mailto:info@atworkpartnership.co.uk). To receive our updates, please tick the boxes below:

- Yes – update via **post, email and phone**.  
 Yes – by **post only** (for training info and journal samples – usually 5x per annum).  
 Yes – by **email only** (for the free monthly OH email newsletter).  
 Yes – by **phone only** (we are very unlikely to call unless it is for a specific reason)  
 No, please do NOT contact me via any method.

**I have read and agree to the cancellation terms:** Authorised signature

.....  
*(This booking is not valid unless signed)*

## Administration

### Venue

Chesford Grange Hotel, Kenilworth, Warwickshire CV8 2LD. T: 01926 859331. This 4\* hotel is just over one hour from London by train. Advance peak fares are £40 return.

### Bookings

Places can be booked by post, telephone or email. In cases where your organisation's paperwork may take a couple of weeks to reach us, please telephone 0345 017 6986 or 0208 344 2328 to reserve a no-obligation provisional place.

### Seminar administration details

Please contact us if you do not receive written confirmation of your booking within two weeks of making the reservation. Details of the venue, a map and any final information will be sent to paid delegates approximately two weeks before the seminar. If you have not received these one week before the event, please contact us.

### Cancellation policy

For cancellations received in writing 14 days before the seminar, we will provide a refund, less a 25% administration fee to cover administration costs. If the cancellation is received within 14 days of the seminar, no refund will be made, but we will accept an alternative delegate from your organisation at the event. Refunds are not available to delegates who fail to attend after confirming a booking.

Accommodation at the conference venue can be cancelled in writing up to 7 working days prior to the event.

**This programme was correct at time of going to press. In unavoidable circumstances, we reserve the right to change or cancel this event. If we do need to cancel this event, our liability is limited to a refund of total fees invoiced by The At Work Partnership.**

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### Special requirements

If you have any special needs, please let us know in advance and we will be delighted to help.

### Payment information

Documentation, refreshments and buffet lunches are all included. Accommodation at the hotel and the conference dinner are optional extras and must be booked in advance. Booking the 'full conference package' (attendance at both days of the seminar, one night B&B on 25 September, and the conference dinner) will save a further £20, provided that all elements are booked at the same time.

**All early bird bookings must be paid by 31/7/18, or they will be charged at the higher rate.**

**The fee must be paid in advance of the event.** Invoices will be sent when a booking is received, and payment can be made:

- **By cheque** – payable to The At Work Partnership Ltd
- **By BACS** – please contact us for our bank account details.
- **By credit card** – Expiry date \_\_\_\_ / \_\_\_\_ 3 digit security number \_\_\_\_  
Card No. \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**BOOK NOW** and return your completed form to:

The At Work Partnership Ltd, 3 Woodfield Way, Bounds Green, London N11 2NP

**T:** 0345 017 6986 or 0208 344 2328 **E:** [conferences@atworkpartnership.co.uk](mailto:conferences@atworkpartnership.co.uk) **W:** [www.atworkpartnership.co.uk](http://www.atworkpartnership.co.uk)