



PERSONAL LEARNING CPD

Certificate of Engagement

Date of issue: 16 May 2026

Certificate in Cognitive Behavioural Therapy skills for OH professionals 2022,
Part One: 9-11 March 2022 Part Two: 28-29 April 2022

Personal Learning Statement

Time spent reflecting on the course content and learning objectives*

hour(s)

** You are accountable for recording your own learning time.*