



PERSONAL LEARNING CPD

Certificate of Engagement

Date of issue: 16 May 2026

Employment Medicals and Fitness for Work 2024,
Monday 20 May 2024

Personal Learning Statement

Following my attendance at the above event, my key learning points are as follows:

*8% of companies do a preemployment health questionnaire as its a poor predictor of sickness absence so alot of time for little gain
Fitness for work- use evidence when deciding when people can return to work, see Dr Tony Williams website for guidance <https://www.workingfit.co.uk/>
Workplace adjustments: considerations template*

The implications for my practice are as follows:

I have used the guidance on the website and used the info from my CPD notes to write recommendations.

I have undertaken the following further reading and activities to consolidate my learning and reflected on its relevance to my practice:

No

Time spent reflecting on the course content and learning objectives*

6 hour(s)

* You are accountable for recording your own learning time.