



PERSONAL LEARNING CPD

## Certificate of Engagement

Date of issue: 21 May 2026

Workplace Health 2019,  
6-7 November 2019

### Personal Learning Statement

Following my attendance at the above event, my key learning points are as follows:

*Raising awareness on physical and psychological is important to emphasis for the employees of any organisation.*

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The implications for my practice are as follows:

*Engaging with the employees within the organisation is vital.*

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Time spent reflecting on the course content and learning objectives\*

**5 hour(s)**

\* You are accountable for recording your own learning time.