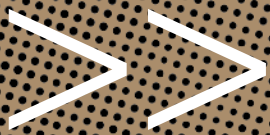


The eleventh annual seminar from The At Work Partnership  
in association with the journal *Occupational Health [at Work]*

# 2-DAY SEMINAR



## Workplace Health 2022

*Tuesday 20 and Wednesday 21 September 2022*

Edgbaston Park Hotel, Birmingham

Chaired by: *Dr John Ballard, Occupational Health [at Work]*

With: *Dr Nerys Williams, independent occupational physician*

### CPD

FOM: 12½ points  
(applied for)  
Self-accreditation  
schemes: 12½ hours

Additional CPD can  
be gained after the  
event via our CPD  
scheme.

#### **Focus on COVID-19**

- > Planning ahead for winter 2022/23
- > The lasting impact on mental health and wellbeing
- > The BBC – A global case study

#### **Significant issues in OH practice**

- > Preventing non-communicable diseases
- > Returning to work following cancer
- > The Smart return to work plan
- > Shiftwork, health and safety
- > Work addiction
- > OH software management systems
- > Mental health: work, absence and presenteeism
- > Obesity and work
- > Disability, technology and employment
- > Asthma health surveillance and spirometry

**Plus our legal update and legal Q&A**

This seminar is run  
with the support of:

**THE COLT  
FOUNDATION**

Book by  
15 July 2022  
and SAVE up to  
£70 + VAT



Quality conferences  
at value for money  
prices

The 11th annual **Workplace Health** seminar, our flagship programme, will be held as a two-day face-to-face event in Birmingham. We will focus on sharing the latest expertise and practical advice on the most significant issues in occupational health, gathering together a group of expert speakers.

The seminar is designed as an in-depth learning experience, with plenty of opportunities for interaction and engagement.

## This seminar is designed for:

- OH nurses and physicians from the UK, Ireland and overseas
- Allied health professionals
- HR managers

## How will attending this event benefit you?

### You will gain:

- An in-depth understanding of the lasting impact of COVID-19 on the mental health and wellbeing of working-age people – in our Colt Foundation Keynote Lecture
- Advice for planning the months ahead as part of our focus on COVID-19 – plus other illnesses such as flu
- Insight into the role of the workplace in preventing non-communicable diseases
- An update on all of the latest developments in OH
- Guidance on the role of OH in important areas including obesity, asthma, mental health and shiftwork
- Practical advice to help you get the most from OH systems, retain employees and create successful return-to-work plans
- An up-to-the-minute understanding of the latest developments in OH law, and how they affect your role and responsibilities

**Don't miss out – Workplace Health 2022 promises to be one of the most exciting OH events of the year – avoid disappointment by booking your place early!**

### Comments from delegates at last year's event:

*"Fabulous topics and discussion. Excellent and informative and thought provoking."* Fiona Kelleher, OH Manager, NEC group

*"Varied and stimulating programme. The presentations were all high quality and each speaker held my attention throughout."*

Dr Adrian Baker, consultant occupational physician, Royal Navy

*"Joyous, engaging, and an utter joy to absorb the knowledge and reflect."* Allison O'Connor, OHA, Norbord Europe Ltd

### Conference dinner and entertainment

Network and chat with fellow delegates and speakers in a relaxed atmosphere at our conference dinner at 7.30pm on **Tuesday 20 September 2022**. Our entertainment will add a sparkle to the evening!

**8.45** Registration and coffee

## **9.00 Welcome and introduction**

**Dr John Ballard, Occupational Health [at Work]**

- Hot topics in OH practice

## **COVID-19**

**9.20 COVID-19: Planning ahead for winter 22/23**

**Dr Anne de Bono, University of Leicester Hospital Trust**

- What can we expect? • Ongoing infection control & monitoring
- Managing post-COVID syndrome ('long COVID')
- Should we be strengthening our plans for influenza?

**10.05 Colt Foundation Keynote: COVID-19 – its lasting impact on mental health and wellbeing**

**Prof Richard Bentall, COVID-19 Psychological research consortium, University of Sheffield**

- Mental health impact of the pandemic on working-age people
- Beliefs • Behavioural aspects
- Can we be better prepared for future pandemics?

**10.50** Coffee and exhibition

## **NON-COMMUNICABLE DISEASES**

**11.30 Keynote 2: Preventing non-communicable diseases**

**Christine Hancock, C3 Collaborating for Health**

- Impact of non-communicable diseases on society and work
- Role of the workplace in preventing NCDs • Evidence base
- Business case

**12.15 Returning to work following cancer**

**Stephen Bevan, Institute for Employment Studies**

- Prevalence among working age people
- Obstacles to returning to work • Why OH can do better

**13.00** Lunch and exhibition

## **HEALTH AT WORK**

**13.55 Shiftwork, health and safety**

**Dr Philip Tucker, Swansea University**

- Long-term impact of shiftwork on health
- Short-term risks to safe working
- Health surveillance • Work design and other interventions

## **LEGAL UPDATE**

**14.40 Legal hot topics**

**Prof Diana Kloss, barrister**

- COVID update • Holiday pay • Menopause and autistic spectrum as disabilities • Equality Act and gender reassignment
- Other hot topics

**15.25** Tea and exhibition

**15.50 Legal Q&A**

## **CASE STUDY & PROFESSIONAL BRIEFINGS**

**16.10 The positive impact of COVID: The BBC, a global case study**

**Dr Clare Fernandes, BBC**

- OH and multidisciplinary team working • The role of the employer in preventing poor health • Awareness of disability

**16.55 What matters to you in OH practice? Five-minute professional briefing sessions**

Your chance to highlight some work that has helped improve health in your workplace, or share a great new idea – but you've only got FIVE minutes and 20 slides to do it!

**17.35 End of day one**

8.00	Registration
8.05	<b>Breakfast briefing: Employment tribunals</b> <i>Harry Sherrard, Sherrards Employment Law Solicitors</i>
8.40	Coffee
8.55	Welcome
	<b>OH PRACTICE AND MANAGEMENT</b>
9.00	<b>Work addiction</b> <i>Annika Lindberg, chartered counselling psychologist</i> <ul style="list-style-type: none"> <li>• Healthy commitment or damaging addiction? Impact on work and the individual</li> <li>• Six criteria for assessing work addiction</li> <li>• Prevention and intervention • Clinical treatment</li> </ul>
9.45	<b>Making OH software management systems work for you</b> <i>Dr Steve Boorman, consultant occupational physician</i> <ul style="list-style-type: none"> <li>• Understanding the OH management system</li> <li>• Data protection compliance</li> <li>• Making the most of your data</li> <li>• Using OH software to enhance the quality of your service</li> </ul>
10.30	Coffee and exhibition
	<b>CONTEMPORARY ISSUES IN OH</b>
10.55	<b>Mental health: work, absence and presenteeism</b> <i>Prof Max Henderson, University of Leeds</i> <ul style="list-style-type: none"> <li>• The relationship between stress, mental health, absence and presenteeism • Individual risk factors</li> <li>• Can we measure presenteeism and how can we manage it?</li> <li>• What works at work and what to avoid?</li> </ul>
11.40	<b>Obesity and work</b> <i>Jane DeVille-Almond, British Obesity Society</i> <ul style="list-style-type: none"> <li>• Why is obesity a workplace issue?</li> <li>• Challenging stigma – in healthcare and in work</li> <li>• Healthy conversations – how to discuss obesity in an OH consultation • What works?</li> </ul>
12.20	<b>Disability, technology and employment</b> <i>Mark Howard, Microlink</i> <ul style="list-style-type: none"> <li>• Are we failing employees and job applicants?</li> <li>• Can we do better?</li> <li>• Advances in technology</li> </ul>
13.05	Lunch and exhibition
13.55	Welcome to the afternoon
14.05	<b>Asthma health surveillance and spirometry</b> <i>Prof David Fishwick, University of Sheffield</i> <ul style="list-style-type: none"> <li>• Successful history taking</li> <li>• Serial peak flow analysis</li> <li>• Spirometry – getting it right</li> <li>• Optimising the interpretation of results</li> </ul>
14.50	<b>The Smart return-to-work plan</b> <i>Prof Kim Burton, OH Researcher</i> <ul style="list-style-type: none"> <li>• Why we need a ‘smart’ RTW plan</li> <li>• Determining ‘work-relevant’ ill-health symptoms</li> <li>• Using biopsychosocial principles to inform the plan</li> <li>• Bringing all sides on board</li> </ul>
15.40	<b>Final questions</b>
15.45	<b>Close of day two</b>

**Chair: Dr John Ballard** has been researching and writing on OH and disability issues for over 25 years. He edits the *Occupational Health [at Work]* journal from The At Work Partnership.

**Chair: Dr Nerys Williams** is a specialist in occupational medicine and is a former deputy director of health and wellbeing at the Department for Work and Pensions (DWP).

**Dr Anne de Bono** is a consultant in occupational medicine at University Hospitals of Leicester NHS Trust and is a former president of the Faculty of Occupational Medicine.

**Prof Richard Bentall** is professor of clinical psychology at the University of Sheffield, and leads a study measuring the psychological impact of the COVID-19 pandemic on the UK population.

**Christine Hancock** is the founder of global health charity, C3 Collaborating for Health and was formerly general secretary of the RCN.

**Stephen Bevan** is head of HR research development at IES, and was previously director of research and managing director at The Work Foundation.

**Dr Philip Tucker** is associate professor of psychology at Swansea University and is a guest researcher at the Stress Research Institute at Stockholm University.

**Prof Diana Kloss MBE** is a barrister, former employment judge and honorary senior lecturer in OH law at the University of Manchester.

**Dr Clare Fernandes** is the chief medical officer at the BBC, where she provides medical input into BBC policies and practices.

**Harry Sherrard** is the principal of Sherrards Employment Law Solicitors, and has been a specialist employment lawyer for over 20 years.

**Annika Lindberg** is a chartered counselling psychologist, specialising in the areas of gambling addiction and stress management.

**Dr Steve Boorman CBE** is consultant adviser for employee health at Empactis, chair of the Council for Work and Health and FOM Ethics Committee.

**Prof Max Henderson** is professor of psychological medicine and occupational psychiatry at the University of Leeds.

**Jane DeVille-Almond** is an independent nurse consultant and president of the British Obesity Society.

**Mark Howard** is director of workplace health and wellbeing at Microlink, specialising in rehabilitation and return-to-work services.

**Prof David Fishwick** is a consultant respiratory physician in the NHS in Sheffield and the chief medical adviser, Health and Safety Executive GB and HSE Northern Ireland.

**Prof Kim Burton OBE** is an OH researcher and an honorary fellow of the FOM. Kim’s research interests focus on obstacles to recovery and return to work for people with common health problems.

#### Sponsorship and exhibition opportunities

To exhibit at this event or advertise in the delegate documentation, please email [info@atworkpartnership.co.uk](mailto:info@atworkpartnership.co.uk)

#### About The At Work Partnership

Dedicated to providing high quality, good value conferences, **The At Work Partnership** researches the subjects that really matter to professionals in your field, and sources speakers who are true subject experts. We also publish the *Occupational Health [at Work]* journal.

# Booking Form

Workplace Health 2022 – 20 & 21 September 2022, Birmingham

**Seminar attendance and prices.** Please tick relevant box(es)

	Price per delegate if paid before 15/7/22 save £70 + VAT!	Price per delegate if paid after 15/7/22	Price per delegate if paid before 15/7/22 save £70 + VAT!	Price per delegate if paid after 15/7/22
	Main rate	Main rate	Self-funded rate*	Self-funded rate*
Both days	<input type="checkbox"/> £450 + VAT (£540)	<input type="checkbox"/> £520 + VAT (£624)	<input type="checkbox"/> £355 + VAT (£426)	<input type="checkbox"/> £425 + VAT (£510)
Day one – 20 Sept	<input type="checkbox"/> £300 + VAT (£360)	<input type="checkbox"/> £370 + VAT (£444)	<input type="checkbox"/> £250 + VAT (£300)	<input type="checkbox"/> £320 + VAT (£384)
Day two – 21 Sept	<input type="checkbox"/> £300 + VAT (£360)	<input type="checkbox"/> £370 + VAT (£444)	<input type="checkbox"/> £250 + VAT (£300)	<input type="checkbox"/> £320 + VAT (£384)
Full conference package:	<input type="checkbox"/> £535 + VAT (£642)	<input type="checkbox"/> £620 + VAT (£744)	<input type="checkbox"/> £440 + VAT (£528)	<input type="checkbox"/> £525 + VAT (£630)

• attendance at both days  
• one night B&B on 20 Sept 22 (subject to availability)  
• conference dinner on 20 Sept 22

*\*The self-funded rate applies for sole traders or when your employer does NOT fund your fee.*



## Conference dinner

£32.50 + VAT (£39)

Please help us by selecting your main course preference below:

- Fish  Meat  
 Vegetarian

## Hotel rooms

We strongly advise booking accommodation early as availability is limited. All of the rooms are double rooms for single occupancy.

B&B – 19 Sept 2022  £75 + VAT (£90) if paid by 15/7/22  £90 + VAT (£108) from 15/7/22

B&B – 20 Sept 2022  £75 + VAT (£90) if paid by 15/7/22  £90 + VAT (£108) from 15/7/22

*B&B is at the conference venue and can be cancelled in writing up to 7 working days prior to the event.*

## Attend day one FREE:

Submit your idea for a Five-Minute Presentation by 30 June 2022. If your presentation is selected, you can attend day one free of charge!

Title \_\_\_\_\_ First name \_\_\_\_\_ Surname \_\_\_\_\_

Position \_\_\_\_\_

Email \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_ Tel \_\_\_\_\_

To process your order, we keep your details securely on our database and we NEVER pass on your details to 3rd parties. We'd like to keep you updated about relevant events and information from the At Work Partnership. You can unsubscribe at any time by emailing info@atworkpartnership.co.uk. To receive our updates, please tick the boxes below:

- Yes – update via **post, email and phone**.
- Yes – by **post only** (for training info and journal samples – usually 5x per annum).
- Yes – by **email only** (for the free monthly OH email newsletter).
- Yes – by **phone only** (we are very unlikely to call unless it is for a specific reason)
- No, please do NOT contact me via any method.

**I have read and agree to the cancellation terms:** Authorised signature

.....  
*(This booking is not valid unless signed)*

## Administration

### Venue

Edgbaston Park Hotel, 53 Edgbaston Park Rd, Birmingham B15 2RS. Tel: 0121 414 8888. The hotel is situated just outside the city centre, with good train and road connections.

### Bookings

Places can be booked by post, telephone or email. In cases where your organisation's paperwork may take a couple of weeks to reach us, please telephone 0345 017 6986 or 0208 344 2328 to reserve a no-obligation provisional place.

### Seminar administration details

Please contact us if you do not receive written confirmation of your booking within two weeks of making the reservation. Details of the venue, a map and any final information will be sent to paid delegates approximately two weeks before the seminar. If you have not received these one week before the event, please contact us.

### Cancellation policy

For cancellations received in writing 14 days before the seminar, we will provide a refund, less a 25% administration fee to cover administration costs. If the cancellation is received within 14 days of the seminar, no refund will be made, but we will accept an alternative delegate from your organisation at the event. Refunds are not available to delegates who fail to attend after confirming a booking.

Accommodation at the conference venue can be cancelled in writing up to 7 working days prior to the event.

**This programme was correct at time of going to press. In unavoidable circumstances, we reserve the right to change or cancel this event. If we do need to cancel this event, our liability is limited to a refund of total fees invoiced by The At Work Partnership.**

© The At Work Partnership 2022

### Special requirements

If you have any special needs, please let us know in advance and we will be delighted to help.

### Payment information

Documentation, refreshments and buffet lunches are all included. Accommodation at the hotel and the conference dinner are optional extras and must be booked in advance. Booking the 'full conference package' (attendance at both days of the seminar, one night B&B on 20 September, and the conference dinner) will save a further £20, provided that all elements are booked at the same time.

**All early bird bookings must be paid by 15/7/22, or they will be charged at the higher rate.**

**The fee must be paid in advance of the event.** Invoices will be sent when a booking is received, and payment can be made:

- **By cheque** – payable to The At Work Partnership Ltd
- **By BACS** – please contact us for our bank account details.
- **By credit card** – Expiry date \_\_\_\_\_ / \_\_\_\_\_ 3 digit security number \_\_\_\_\_  
Card No. \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**BOOK NOW** and return your completed form to:

**Post:** The At Work Partnership Ltd, Office 3A, Highstone House, 165 High Street, Barnet, EN5 5SU

**Telephone:** 0345 017 6986 or 0208 344 2328 **e-mail:** conferences@atworkpartnership.co.uk