

A two-day course from  
The At Work Partnership



# Certificate in Hand-Arm Vibration Syndrome (HAVS)

**Day One:** Thursday 23 April 2026 (Virtual)

**Day Two:** Tuesday 28 April 2026 (Birmingham)

An intensive two-day course designed to prepare students for the Faculty of Occupational Medicine (FOM) Certificate in Hand-Arm Vibration Syndrome (HAVS) examination.

**CPD:**

*Self-certification  
schemes:  
11 hours*

**Course tutor:** Dr Roger Cooke, consultant in occupational medicine, and a leading expert in hand-arm vibration syndrome.

The course teaches delegates all aspects of the syllabus for HAVS competence as defined by the FOM including:

- > basic principles
- > legal background
- > workplace assessment
- > health surveillance and clinical assessment
- > occupational health action and advice



Quality conferences  
at value for  
money prices

*An FOM  
approved course*



# Programme

## **DAY ONE: Remote learning**

Thursday 23 April 2026  
(Virtual)

- 9.00 **Registration**
- 9.05 **Introduction to vibration and HAVS**
- 10.00 **Legal framework & statutory requirements**
- 11.25 **Aetiology and Pathology**
  - Summary of concepts of pathological basis of each component of HAVS and CTS
- 12.40 **Lunch**
- 13.25 **Clinical assessment (Part 1)**
  - Raynaud's phenomenon, the vascular component of HAVS and vascular staging systems
  - The sensorineural component, sensorineural staging, carpal tunnel syndrome and other neurological differential diagnoses
  - Musculoskeletal symptoms, cramp, grip strength, Dupuytren's and other conditions
- 16.25 **Working in a team to carry out assessments**
- 16.50 **Questions and discussion**
- 17.00 **Close of day one**

## **DAY TWO: Face-to-face learning**

Tuesday 28 April 2026  
(Birmingham)

- 9.00 **Registration and coffee**
- 9.10 **Welcome, recap and principles of health surveillance**
  - HSE tiered approach, and professional and legal requirements
- 9.55 **OH management of cases**
  - Advice to employees and employers, legal issues and fitness for work
- 10.50 **Clinical assessment (Part 2)**
  - Assessing sensation, including monofilaments, two point discrimination, Pegboard assessment of vascular status and other relevant tests
- 11.30 **Case studies**
- 12.30 **Lunch**
- 13.15 **Group work – clinical testing in practice**
- 15.00 **Questions and discussion**
- 16.00 **Faculty examination**
- 17.15 **Close of course**

## **ABOUT OUR EXPERT TUTORS**

**Dr Roger Cooke**, the course leader, is a consultant in occupational medicine. His experience and interest in vibration-related disease extends over 40 years, including clinical practice, teaching, advising industry and specialist groups, writing on the subject and acting as expert witness in legal proceedings.

**Three other expert tutors play an important role in the teaching on our HAVS courses:**

**Andrew Cooke**, clinical director at Clarity Healthcare

**Dr Susanna Gillibrand**, independent consultant occupational physician

**Dr Bernard Yew**, medical director, PAM Group

# Certificate in Hand-Arm Vibration Syndrome

## How will attending this training benefit you?

This training for OH professionals examines the requirements for health surveillance for a workforce exposed to hand-transmitted vibration, and the diagnosis and management of an individual with HAVS. It will provide an in-depth understanding of HAVS, and of the OH role in managing issues related to hand transmitted vibration in the workplace.

## Who should attend?

This training is designed for OH nurses and doctors. Previous experience of HAVS is not essential, but experience in OH is required. It is possible to attend the course without taking the examination.

**In order to take the exam:** The FOM requires doctors or nurses to hold the appropriate UK registration with the GMC or NMC and will need to approve qualifications from overseas candidates.

**In order to undertake Tier 3 assessments without supervision:** Once you have passed the exam and hold the appropriate registration above, you **also** need a higher OH qualification to meet HSE requirements. Doctors should hold a diploma in occupational medicine as a minimum. Other OH staff should have a higher qualification in occupational health, e.g. diploma\* or degree. The HSE regulations also state that some specific tasks can be devolved to a technician but the suitably qualified OH practitioner must retain overall responsibility for the work of the OH Technicians.

\*Please note that we are awaiting confirmation from the FOM of whether the new FOM Diploma in Occupational Health Practice is approved for this purpose. Until this is resolved, if this is the only OH qualification held, you will currently require supervision to carry out Tier 3 assessments.

## About The At Work Partnership:

Dedicated to bringing high quality, good value conferences and courses to OH and allied health professionals, The At Work Partnership runs a HAVS refresher course, an introductory HAVS course as well as many other professional training courses. We have trained hundreds of delegates for the FOM Certificate in Hand-Arm Vibration Syndrome examination, achieving consistently high pass rates.

## Detailed printed documentation

All delegates will receive printed documentation plus a FREE copy of *Hand-arm vibration syndrome: a guide for occupational health practitioners* by Dr. Roger Cooke. This book is required pre-course reading. It will be sent to paid delegates three weeks before the event.



## Revision

This is an intensive two-day course. Therefore, please allow sufficient time between the first and second day of the course to revise and consolidate your learning – using your documentation pack, the pre-course reading and your notes. You are not allowed to refer to any materials during the exam.

## Examination and certification

Attendance at all sessions is a pre-requisite to sitting the exam, set by the Faculty of Occupational Medicine (FOM). Those who pass the exam receive a Certificate of Competence accredited by the FOM.

The examination is based on content taught in the course.

The majority of the exam is a mixture of true/false questions and multiple-choice questions (approx. 30 questions per paper).

For nurses – there is one 30-minute exam

For doctors – there are two 60-minute exams

# Booking information

Certificate in HAVS: Thursday 23 April 2026 (Virtual) and  
Tuesday 28 April 2026 (Birmingham)

**SPECIAL OFFER:** Save **£20 + VAT** with our early bird rate for bookings  
paid before 27 February 2026!

**Early bird rate** (for payment **before** 27 February):  
£830 + VAT (£996) per delegate

**Main rate** (for payment **after** 27 February):  
£850 + VAT (£1020) per delegate

## ADMINISTRATION

**Format:** The course is delivered both virtually and face-to-face over two days. Day 1 is held via Zoom. Day 2 will be taught face-to-face in Birmingham. Details of the venue will be sent in your administration details.

**Revision and pre-course reading:** This is an intensive course. Please allow time for pre-course reading and revision.

**Bookings:** In cases where your organisation's paperwork may take a couple of weeks to reach us, please telephone us on 0208 344 2328 to reserve a no-obligation provisional place.

**Conference administration details:** Please contact us if you do not receive written confirmation of your booking within two weeks of making the reservation. Zoom links will be sent to paid delegates approximately one week before the event. If you have not received these 3 days before the event, please telephone us on 0208 344 2328, or e-mail [conferences@atworkpartnership.co.uk](mailto:conferences@atworkpartnership.co.uk)

**Zoom:** If necessary, we can arrange rental of a laptop/iPad for a small additional fee.

**Cancellation policy:** For cancellations received in writing 28 days or more before the course commences, we will provide a refund, less a 10% cancellation fee. If the cancellation is received less than 28 days before the course start date, no refund will be made but you can send an alternative delegate from your organisation. Refunds are not available to delegates who fail to attend after confirming a booking. Transfers to future courses can only be arranged up to 28 days prior to

This programme was correct at time of going to press. In unavoidable circumstances, we reserve the right to change or cancel this event. If we do need to cancel this event, our liability is limited to a refund of fees

## HOW TO BOOK

To secure your place use one of the 3 methods below

- 1 Book online:  
[www.atworkpartnership.co.uk](http://www.atworkpartnership.co.uk)
- 2 T: +44 (0)208 344 2328
- 3 E: [conferences@atworkpartnership.co.uk](mailto:conferences@atworkpartnership.co.uk)

**BOOK ONLINE NOW**  
[www.atworkpartnership.co.uk](http://www.atworkpartnership.co.uk)

the start date of the course booked, subject to 10% administration fee.

**Printed documentation:** Printed documentation will be posted to arrive with paid delegates 3 working days before the event.

**Special requirements/reasonable adjustments (RA) and the exam:** If you have any special needs impacting your attendance on Zoom or in person, please let us know in advance and we will be delighted to try and help.

**For the exam:** This is mainly multiple choice (one 30 min paper for nurses; and two papers of 30 min each for doctors). Written evidence to support any request for a RA will be sent to the FOM for approval.