

*One-day introductory training in
Hand-Arm Vibration Syndrome (HAVS)
from The At Work Partnership*



Hand-Arm Vibration Syndrome for Occupational Health Technicians & Nurses

Monday 27 April 2026
Central Birmingham

A one-day Hand-Arm Vibration Syndrome (HAVS)
introductory training course

CPD:

*Self-certification
schemes:
6 hours*

Course tutor: Dr Roger Cooke, consultant in occupational medicine,
and a leading expert and author in hand-arm vibration syndrome

- > Introduction to hand transmitted vibration and its health effects
- > Legal requirements relevant for exposed workers
- > Workplace exposure and risk assessments
- > Understanding your role and responsibility in undertaking tasks for statutory health surveillance
- > Practical training on specific clinical assessments
- > Communicating findings of delegated assessments
- > Effective preparation for the FOM Certificate two-day course in HAVS (for OH nurses only)

**SPECIAL
OFFER**
Book and pay by
6 March 2026 and
save £50
+ VAT!



Quality conferences
at value for
money prices



Programme

- 9.15 Registration and coffee**
- 9.30 Welcome and introduction**
- 9.40 Introduction to hand transmitted vibration and its health effects and symptoms – HAVS, CTS, Dupuytren's (part 1)**
- 11.00 Coffee**
- 11.15 Introduction to hand transmitted vibration and its health effects and symptoms (part 2)**
- 12.15 Legal requirements relevant for workers exposed to hand transmitted vibration, including health surveillance**
- 12.45 Lunch**
- 13.35 Role of OH technicians and nurses**
- Responsibility of senior OH practitioner
- Process of delegation, audit and quality assurance
 - Communicating findings of delegated assessments
- 14.10 End of session quiz and discussion**
- 14.30 Practical sessions in small groups**
- Use of monofilaments to assess light touch sensation
 - Use of pegboard test
 - Assessing two-point discrimination
 - Phalen's and Tinel's test
 - Vascular assessment including Allen's test
 - Adson's and Roo's test
- 16.10 End of session quiz and discussion**
- 16.30 Final questions**
- 16.35 Close of day**

A certificate of attendance will be provided and an optional theoretical assessment will be undertaken at the end of the training to consolidate your learning from the day.

(Please note that neither of these will replace the need for an employer to have an appropriate system of delegated responsibility in place.)

It should be noted that this course is intended to provide background knowledge and all those who undertake delegated tasks for HAVS surveillance are required to comply with HSE recommendations regarding their role.

Delegates at a recent course said:

"Excellent...very well structured, with a great balance of theory and practice. We had plenty of hands on practice performing various tests. The content was highly relevant for both technicians and nurses, providing valuable theoretical knowledge, practical skills, and a clear understanding of the reasoning behind each part of the assessment.... I would definitely recommend this course to others."

Artjoms Drics, OH technician, Global OHS

"A very worthwhile day, providing informative and relevant content, delivered in an interesting way that will enhance practice."

Joanne Glasspool, OH nurse, Powys Teaching Health Board

"Fantastic course for those wanting to gain some basic knowledge around HAVS." Jennifer Stanley, OH technician, Tyne and Wear Fire and Rescue Service

"Great course, a pleasure to attend. Very beneficial to my learning and development. Would highly recommend."

Amy Greenhaugh, clinical nurse advisor, Airbus

Hand-Arm Vibration Syndrome for Occupational Health Technicians & Nurses

Hand–arm vibration syndrome (HAVS) is a significant occupational disease. In the UK alone, there are over 250,000 sufferers.

This one-day training course provides a solid introduction and significant background knowledge on HAVS to assist OH technicians and screening nurses in their role undertaking delegated tasks for statutory health surveillance. The day will feature practical training on specific clinical assessments.

Who is the training designed for?

This training is designed for OH technicians and screening nurses that are new to HAVS (little or no experience). Previous experience of HAVS is not essential, but experience in OH is required.

The training is also likely to be of assistance to OH nurses, who lack prior knowledge of HAVS, and are considering taking the Faculty in Occupational Medicine Certificate in Hand-Arm Vibration Syndrome qualification. It will provide an introduction to, and understanding of, the topic which will be built on during the Certificate course.

How will attending this training benefit you?

You will gain:

- Detailed background knowledge of hand transmitted vibration, its health effects and symptoms
- An understanding of your role in undertaking delegated tasks for statutory health surveillance at Tiers 1, 2 or 3, and how you can work under supervision to assist suitably qualified occupational health staff
- Comprehension of the legal requirements relevant for workers exposed to hand transmitted vibration
- Hands on, practical experience of how to conduct different assessments for HAVS
- Improved confidence in your HAVS knowledge and skills

Receive detailed printed documentation

All delegates will receive printed documentation to keep for future reference.



About our expert tutors

Dr Roger Cooke is a consultant in occupational medicine. His experience and interest in vibration-related disease extends over 40 years, including clinical practice, teaching, advising industry and specialist groups, writing on the subject and acting as expert witness in legal proceedings. He is the author of the book, *Hand–arm vibration syndrome: a guide for occupational health practitioners*, published by The At Work Partnership in 2020.

Roger is joined by **Dr Bernard Yew**, medical director, PAM Group, who plays an important part in teaching on the group work and practical sessions.

Booking information

One-day introductory training – Hand-Arm Vibration
Syndrome for Occupational Health Technicians & Nurses
Monday 27 April 2026 – Central Birmingham

SPECIAL OFFER: SAVE UP TO £50 WITH OUR EARLY BIRD RATES!

Early bird rate (for payment **before** 6 March 2026):
£349 + VAT (£418.80) per delegate – **save £50!**

Main rate (for payment **after** 6 March 2026):
£399 + VAT (£478.80) per delegate

ADMINISTRATION

Format: The training will be delivered face-to-face at a venue in Birmingham. Details of the venue will be sent in your administration details.

Bookings: Places are limited. Documentation, refreshments and a buffet lunch are all included in the price. In cases where your paperwork may take time to reach us, please contact us to reserve a no-obligation provisional place.

To process your order, we keep your details securely on our database and we NEVER pass on your details to 3rd parties. At the time of booking, you will be given options to choose your preferred methods of communication with The At Work Partnership.

Event administration details: Please contact us if you do not receive written confirmation of your booking within two weeks of making the reservation. Details of the venue, a map and any final information will be sent to paid delegates approximately two weeks before the event. If you have not received these one week before the event, please contact us.

Cancellation policy: For cancellations received in writing 14 days before the workshop, we will provide a refund, less a 25% administration fee. If the cancellation is received within 14 days of the workshop, no refund will be made, but we will accept an alternative delegate. Refunds are not available to delegates who fail to attend after confirming a booking.

Special requirements: If you have any special needs, please let us know in advance and we will be delighted to try and help.

This programme was correct at time of going to press. In unavoidable circumstances, we reserve the right to change or cancel this event. If we do need to cancel this event, our liability is limited to a refund of fees

HOW TO BOOK

To secure your place use one of the 3 methods below

- 1 Book online: www.atworkpartnership.co.uk
- 2 T: 0208 344 2328
- 3 E: conferences@atworkpartnership.co.uk

BOOK ONLINE NOW
www.atworkpartnership.co.uk

ABOUT THE AT WORK PARTNERSHIP

Dedicated to bringing high quality, good value conferences and courses to OH and allied health professionals, **The At Work Partnership** researches the subjects that really matter to professionals in your field, and sources speakers who are true subject experts.

All delegates receive a Certificate of Attendance and can gain additional CPD by participating in further learning after the conference/course, via The At Work Partnership's CPD scheme.