

A training course from The At Work Partnership in association with the journal *Occupational Health [at Work]*

# TRAINING



## AI and occupational health

**Thursday 14 & Friday 15 May 2026**  
**A Virtual Event – mornings only**

A training course from The At Work Partnership designed to teach OH professionals to use AI safely and effectively in their work

Course chair: *Dr Lara Shemtob*, Imperial College London

### **CPD:**

*Self-certification schemes:  
5.5 hours*

Additional CPD can be gained after the event via our CPD scheme.

- > AI in occupational health: current practice
- > What is AI... what is not AI?
- > How can AI be used in occupational health?
- > What's on the market for OH?
- > How do I use AI safely, ethically and legally?
- > How to keep your knowledge and skills up to date

**SPECIAL OFFER**

Book and pay by  
30 March 2026 and  
save **£50 + VAT!**



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# Programme

The full course programme can be found on our website: [www.atworkpartnership.co.uk](http://www.atworkpartnership.co.uk)

## Day 1 – AM only

9.25 **Registration**

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9.30 **Welcome and introduction**

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*Dr Lara Shemtob, Imperial College London*

9.40 **AI in OH: current practice**

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*Dr John Ballard, Occupational Health [at Work]*

- Extent of use of AI in OH
- Which tools are being used?
- AI training and OH policies

10.10 **What is AI... what is not AI?**

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*Dr Lara Shemtob, Imperial College London*

- Definitions
- Common misconceptions
- Current capabilities and limitations of AI in a clinical and workplace context
- AI learning, errors and bias

11.10 **Coffee**

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11.25 **How can AI be used in OH?**

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*Dr Lara Shemtob, Imperial College London*

- Benefits and concerns of using AI for:
  - Triage and appointment prioritisation
  - Ambient scribing and report writing
  - Analysing absence patterns
  - Literature search and summarisation for case management and OH policy
  - Preplacement
- How to communicate use of AI
- Practical skills for report writing, case management, communications, and policy development:
  - **Active learning:** Using AI for support in unusual case presentation
  - Generation of an OH report
- How can you evaluate AI-generated outputs for clinical OH use?
  - **Active learning:** auditing AI report output
- Using your clinical judgement

13.00 **Close of morning**

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## Day 2 – AM only

9.25 **Registration**

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9.30 **Welcome and introduction**

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*Dr Lara Shemtob, Imperial College London*

9.35 **What's on the market?**

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*Janet O'Neill, PAM Group*

- The current health-tech and workplace AI landscape
- What tools are available – and what are their strengths and limitations?\*
- Tools for generating OH reports
- Tools for triage and wellbeing analytics
- EAP/mental health chatbots
- Key issues: evidence base, meeting governance standards, transparency, and cost.  
**Active learning:** ○ Use a scoring matrix to assess what's on the market

10.35 **Coffee**

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10.50 **How do I use AI safely, ethically and legally?**

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*Grace Corby, Cloisters*

- Ethical and legal principles, including GDPR and clinical data governance standards
- Risks of bias, discrimination, and inaccuracies
- Safeguards for use of AI in OH
- Medico-legal boundaries, including responsibility for decisions assisted by AI

11.40 **Don't get left behind!**

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*Dr Lara Shemtob, Imperial College London*

- How AI is reshaping work
- Future skills profile for OH practitioners
- Developing personal strategies for upskilling
- Advising organisations on responsible AI adoption
- Building confidence experimenting with AI tools, focusing on safe, practical use
  - **Active learning:** Where do I go next?

12.30 **End of course**

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# AI and occupational health

Artificial intelligence (AI) has the potential to revolutionise occupational health and safety in many areas from real-time risk assessment and health monitoring to the drafting of OH reports.

How can you harness the power of AI in OH, and build confidence in using AI safely and effectively in your work? This training course starts with first principles to help you to understand what AI is, and its benefits and limitations in OH, emphasising the importance of remaining vigilant to potential risks and errors. It aims to give you the understanding to ask the right questions so that you can use AI in OH ethically, strategically and appropriately and understand its broader impact on OH practice.

As AI evolves, this course supports you in developing your own skills to apply AI in OH.

## This training is designed for:

- OH professionals and others working in an OH setting. The course begins with first principles and does not assume prior knowledge of AI. It does not teach clinical skills and assumes experience of OH practice. *OH professionals are recommended to attend an At Work Partnership OH Report Writing course in advance of attending this training.*

## How will attending this training benefit you?

### You will gain:

- Guidance on the safe and ethical use of AI and the legal issues surrounding this – so that you understand the issues, including data privacy and security and the risks and responsibilities involved in using AI.
- An understanding of some current tools on the market and how to assess their potential use within your organisation, including assessing the evidence base, governance standards, transparency, and cost.\*
- Advice on keeping up to date as AI evolves
- Practical skills and tips throughout the training, with exercises on how to:
  - Assess general AI tools on the market
  - Use AI for support in unusual case presentation
  - Audit AI report output
  - Produce an OH report

*\*Please note that this training will deliberately not endorse any particular AI tools or products – instead it gives you the skills to understand what might work in your practice.*

## ABOUT OUR EXPERT TUTORS

**Dr Lara Shemtob (course leader)** works between general practice, OH and Imperial College London. She has led research on deploying generative AI to leverage freetext data in clinical contexts. She is interested in the human/technology interface and the role of OH in supporting human workforces, as we work alongside more advanced technology! Lara writes 500 words on work and health every week.

**Janet O'Neill (QNI)** is an OH nurse specialist with an MSc in Workplace Health and Wellbeing and a PGCert in Medical Education. She is head of PAM Academy of PAM Group, deputy head of the National School of Occupational Health (NSOH) and vice chair of iOH. Janet chairs the AI in OH working group and therefore has a keen interest in the impact for OH professionals.

**Grace Corby** is a barrister at Cloisters Chambers, where her practice includes employment and discrimination law, data and artificial intelligence. She was involved in the drafting of the Artificial Intelligence and Employment Bill for the Trades Union Congress to improve the regulation and protections relating to artificial intelligence in the workplace. She is ranked as a 'Rising Star' by the Legal 500.

**Dr John Ballard** has been researching and writing on OH and disability issues for over 30 years. He edits *Occupational Health [at Work]* and jointly edited *Discrimination Law and OH Practice* (The At Work Partnership, 2012) with Prof Diana Kloss. He is an honorary fellow of the Faculty of Occupational Medicine (FOM), and an honorary senior lecturer at the University of Manchester. He has written on the use of AI in OH practice.

# Booking information

AI and occupational health

14-15 May 2026 – virtual event held over two mornings

**SPECIAL OFFER:** Save £50 with our early bird rate! Available for bookings paid before 30 March 2026!

**Early bird rate** (for payment **before** 30 March 2026)  
£339 + VAT (£406.80) per delegate – save £50!

**Main rate** (for payment **after** 30 March 2026)  
£389 + VAT (£466.80) per delegate

**Self-funded delegates\*** £289 + VAT (£346.80) if paid **before** early bird closing date OR £339 + VAT (£406.80) if paid **after** early bird closing date (*\*rate applies to sole traders or when your employer does NOT fund your fee*)

## ADMINISTRATION

**Format:** The event will be held virtually over two mornings on Zoom.

**Bookings:** Places can be booked online or by telephone. In cases, where your paperwork may take time to reach us, please contact us to reserve a no-obligation provisional place. Please contact us if you do not receive written confirmation of your booking within two weeks of making the reservation. To process your order, we keep your details securely on our database and we NEVER pass on your details to 3rd parties. At the time of booking, you will be given options to choose your preferred methods of communication with The At Work Partnership.

**Conference administration details:** Full instructions will be sent with your administration details. Zoom links will be sent to paid delegates approximately one week before the event. If you have not received these 3 days before the event, please telephone us on 0208 344 2328, or email [conferences@atworkpartnership.co.uk](mailto:conferences@atworkpartnership.co.uk).

**Cancellation policy:** For cancellations received in writing 14 days before the workshop, we will provide a refund, less a 25% administration fee. If the cancellation is received within 14 days of the workshop, no refund will be made, but we will accept an alternative delegate. Refunds are not available to delegates who fail to attend after confirming a booking.

**Printed documentation:** This will be posted to arrive with paid delegates 3 working days before the event. Please provide a preferred delivery address at the time of booking for receipt of your documents.

**Special requirements:** If you have any special needs, please let us know in advance and we will be delighted to try and help.

## HOW TO BOOK

To secure your place use one of the 3 methods below

- 1 Book online: [www.atworkpartnership.co.uk](http://www.atworkpartnership.co.uk)
- 2 T: 0208 344 2328
- 3 E: [conferences@atworkpartnership.co.uk](mailto:conferences@atworkpartnership.co.uk)

**BOOK ONLINE NOW**  
[www.atworkpartnership.co.uk](http://www.atworkpartnership.co.uk)

## ABOUT THE AT WORK PARTNERSHIP

Dedicated to bringing high quality, good value conferences and courses to OH and allied health professionals, **The At Work Partnership** researches the subjects that really matter to professionals in your field, and sources speakers who are true subject experts.

All delegates receive a Certificate of Attendance and can gain additional CPD by participating in further learning after the conference/course, via The At Work Partnership's CPD scheme.

This programme was correct at time of going to press. In unavoidable circumstances, we reserve the right to change or cancel this event. If we do need to cancel this event, our liability is limited to a refund of fees